

**2017 ALBERTA ORIENTEERING CHAMPIONSHIPS (AOC)**

**INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT**

*(FOR PARTICIPANTS UNDER 18 YEARS OF AGE)*

**WARNING!**

**By signing this document you will waive certain legal rights, including the right to sue in circumstances outlined in this Agreement. Please read carefully.**

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. This is a binding legal agreement therefore clarify any questions or concerns before signing.
2. We the Parties, (consisting of the Parent/Legal Guardian of the Participant noted above and the Participant), acknowledge and fully understand that Orienteering is an activity where the Participant will travel by foot or other means in remote areas that may contain harsh terrain or aggressive wildlife, and will be exposed to the elements.
3. We further acknowledge and fully understand that although there will be Marshalls and other volunteers located in the area of the two easiest and shortest courses, there will be periods of time where the Participant will be alone and is ultimately responsible for their own safety.

**Disclaimer**

4. AOC, Orienteering Canada, Alberta Orienteering Association, Foothills Wanderers Orienteering Club, Alberta Environment and Parks, Canmore Nordic Centre, their respective directors, officers, committee members, members, employees, marshals, volunteers, officials, participants, agents, owner's/operator's of facilities, and representatives (collectively the "Championships") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, any program, activity or event of the Championships, caused by the risks, dangers and hazards associated with participation in the Championships.

*We have read and agree to be bound by clauses 1-4.*

**Initials:** \_\_\_\_\_

**Parent/Legal Guardian**

**Participant**

**Description of Risks**

5. The Participant is participating voluntarily in the Championships. In consideration of that participation the Parties hereby acknowledge that they are aware of the possible exposure to the risks, dangers and hazards associated with or related to any such programs activities and events of the Championships. The risks, dangers and hazards include, but are not limited to, injuries from:
  - a) Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
  - b) Uneven landscape terrain which could result in sprains, cuts, abrasions, dislocations, breaks, impalements, contusions, etc.
  - c) Collision with trees, rocks, fences, ruins, man-made objects;
  - d) Falling down slopes, gullies, ditches, pits, depressions, etc.;
  - e) Unstable or extreme weather conditions - rain, sleet, hail, snow, severe storms - which may cause unstable surfaces/footing or hypothermia;
  - f) Excessive hot/humid weather conditions which may result in heatstroke, heat exhaustion, sunstroke or disorientation (thereby getting lost on the map);
  - g) Encounters with aggressive wild life – bears, coyotes, elk, deer, cougars, snakes which could result in injury;
  - h) Improper Use of Bear Spray that could result in temporary loss of sight and severe restriction of breathing;
  - i) Remoteness of the location with poor communication ability and inability to get rescue/medical aid assistance easily or quickly;
6. Furthermore, the Parties are aware:
  - a) That any injuries sustained can be severe, even deadly, and result in reduced mobility, loss of income, etc.;
  - b) That the Participant may experience anxiety while challenging themselves during the activities, events and programs;
  - c) That the Participant may come into close contact with wild life, despite the best efforts of the Championships to keep the course clear of danger before and during the event;
  - d) That the Participants' risk of injury is reduced if they follow all rules and safety guidelines established for participation;
  - e) That **if the Participant chooses to carry Bear Spray**, the Parties must agree to watch the Bear Safety video (regarding bear encounters and proper use of Bear Spray) on the AOC website and attend the Bear Safety workshop at the AOC site prior to entering the course; and
  - f) That any risk of injury increases as the Participant becomes fatigued.

**Release of Liability**

- 7. In consideration of the Championships allowing the Participant to participate, the Parties agree:
  - a) That the Participant’s physical condition is suitable for the activities;
  - b) **If carrying Bear Spray** - To watch the Bear Safety video (regarding bear encounters and proper use of Bear Spray) on the AOC website and attend the Bear Safety workshop at the AOC site prior to entering the course;
  - c) To freely ACCEPT AND FULLY ASSUME all such risks, dangers and hazards and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting out of the Participant’s participation in the Championships; and
  - d) To FOREVER RELEASE the Championships from liability for any and all claims, demands, actions, damages and costs that might arise out of the Participant’s participation in the Championships.

*We have read and agree to be bound by clauses 5 -7.*  
**Initials:** \_\_\_\_\_  
**Parent/Legal Guardian**                      **Participant**

**Acknowledgement**

- 8. The Parties acknowledge that they have read and understood this agreement, that they have executed this Agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, executors, administrators and representatives.
- 9. By signing this Agreement, the Parties agree to be bound by all that is contained in this Legal Agreement.

*We have read and agree to be bound by clauses 8 and 9.*  
**Initials:** \_\_\_\_\_  
**Parent/Legal Guardian**                      **Participant**

**THIS AGREEMENT TO BE INITIALLED 3 TIMES ABOVE AND SIGNED AND WITNESSED BELOW**

\_\_\_\_\_  
**Name of Participant**                      **Age and DOB**                      **Date**

\_\_\_\_\_  
 Signature of Participant

\_\_\_\_\_  
**Name of Parent/Legal Guardian**                      **Date**

\_\_\_\_\_  
 Signature of Parent/Legal Guardian

\_\_\_\_\_  
**Name of Witness**                      **Date**

\_\_\_\_\_  
 Signature of Witness